

Urinalysis

GENERAL URINE EXAMINATION AND

URINE CULTURE

Wash external genital organs thoroughly with soap and water (do not use antiseptic).

Rinse with plenty of water. Dry with a clean towel. Collect urine in a wide-mouthed sterilized

container from the middle of urination duration. That is, after allowing the first urine to run into the toilet bowl, collect the middle stream of urine in the sterile container and let the rest fall into the toilet. Preferably collect the first morning urine.

However, it does not matter if it is from any other time of urination.

The samples should be delivered to the laboratory within half an hour of collection; otherwise, they should be placed in the refrigerator or in a container with ice until they are delivered to the laboratory. Urine culture should be performed before starting antibiotic therapy. If you have taken any antibiotics before, please inform the laboratory staff.

METHOD OF 24-HOUR URINE

COLLECTION

The first morning urine is not collected. You will collect the second urine as well as all subsequent urinations in a special container that you will obtain from the pharmacy. Collect urine up to and including the first morning urine of the next day. The first morning urine of the first and second days should be at the same time. If necessary, use a second container. Be careful not to skip any urination because the process will need to be repeated. Urine should be stored in the refrigerator during collection.